Kidsdunia essential wishlist

Boys and girls | Birth through age 10 | Prepared 27 October 2026

A practical age-wise shopping checklist for parents and a starting structure for Kidsdunia registries. The requested “2-23 years” band is interpreted as **2-3 years**.

Label	How to use it
Core	An everyday need to cover. Existing suitable items count; a new or baby-branded product is not automatically necessary.
If needed	Required only when the stated situation applies, such as bottle feeding, car travel, stairs, school attendance or toilet training.
Optional gift	Useful enrichment or convenience. Do not present it as mandatory or automatically add it to the paid basket.
Quantity	A suggested amount to have in use at that stage, not an additional purchase at every birthday. Adjust for laundry, climate, size and routines.

Boys and girls share the essentials

Sleep, feeding, hygiene, travel safety, school supplies and play needs are broadly shared. Change clothing fit, chosen styles and individual care needs; do not assign different learning toys or product quality by gender.

Keep, resize, refill, then add

Before shopping, mark each line Have, Need or Not relevant. Keep usable equipment, replace items that no longer fit, refill consumables, and add new items only when the child is ready. The quantities below are editorial planning estimates, not medical requirements.

Age bands

0-3, 3-6, 6-9 and 9-12 months; 1-2, 2-3, 3-5, 5-7 and 8-10 years. For website filters, months use inclusive lower and exclusive upper boundaries. “5-7 years” covers completed ages 5, 6 and 7; “8-10 years” covers ages 8, 9 and 10, so seven-year-olds are not omitted.

These are product-planning lists for typical needs. Readiness, product instructions and individual clinical advice take priority, particularly for premature babies or children with additional needs. Safety references are listed at the end; they are not a certification of any brand or SKU.

0-3 months

Prepare the basic sleep, clothing, changing and care setup before the baby arrives. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Crib or bassinet with its matching firm, flat mattress	Core	1 setup	Use a suitable infant sleep product, with no gaps around the mattress.
Well-fitted crib/bassinet sheets	Core	3-4	Keep spares for washing. Do not add loose sheets or padding.
Comfortable sleepsuits / rompers	Core	6	Choose easy changing access and climate-appropriate fabric; can serve as daywear too.
Bodysuits / vests	Core	4-6	Choose the right size; avoid stocking many newborn sizes in advance.
Disposable nappies OR a cloth-nappy system	Core	Small starter supply	Choose one approach first; fit, washing and drying determine stock needs.
Cotton wool OR unscented wipes	Core	1 starter pack	For changes. Refill after checking suitability.
Washable changing mat OR clean towel	Core	1-2	A dedicated changing table is optional.
Soft towels and washcloths	Core	2 + 4-6	Ordinary suitable household textiles can meet this need.
Burp / muslin cloths	Core	4-6	Use for feeding clean-up; existing soft cloths can substitute.
Digital thermometer suitable for infants	Core	1	Choose an age-appropriate device and follow its instructions.
Baby nail file or suitable clippers	Core	1	Keep nails manageable; elaborate grooming kits are optional.

Feeding equipment, a rear-facing car seat, outdoor layers and an outing bag depend on your situation. See the conditional-products page. A breast pump, stroller and electric sterilizer are not universal essentials. [1] [2]

Optional gifts: a washable board/cloth book or simple high-contrast cards for supervised awake time.

3-6 months

Most spending should be on fit and replenishment; many newborn items remain useful. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Everyday clothing and sleepwear	Core	10-12 pieces total	Replace outgrown pieces; keep the quantity suited to laundry frequency.
Nappies and changing supplies	Core	Rolling supply	Change nappy size by fit/weight guidance, not age alone.
Infant sleep space and fitted sheets	Core	Keep existing	Move out of a bassinet when its stated developmental, weight or size limit is reached.
Towels, thermometer and grooming items	Core	Keep existing	No need for a new care kit at three months.
Absorbent bibs / extra cloths	If needed	2-4	Useful for drooling or spills; remove bibs for sleep.
Small soft toothbrush and fluoride toothpaste	If needed	1 of each	Start when the first tooth appears, even if earlier than the next age band.
Non-weighted sleep bag	If needed	1-2	Only if suitable for the child, fit and room temperature; ordinary sleep clothing may suffice.

Do not introduce solids just because a shopping bundle says “4 months”. Around six months and developmental readiness guide the next feeding stage. Clothing, a carrier or a stroller must also suit current size and manufacturer instructions. [2] [3] [5]

Optional gifts: a simple grasping toy, board book or easy-clean floor mat for supervised awake play.

6-9 months

Add feeding tools around six months when ready, and secure hazards before mobility. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Everyday clothing, nappies and changing supplies	Core	Resize / refill	Keep the existing wardrobe, sleepwear and care kit where they still fit.
Small bowl and shallow spoon	Core at solids	1-2 bowls; 2 spoons	Suitable existing utensils are fine; large branded sets are unnecessary.
Small open cup OR suitable straw cup	Core at solids	1-2	Practise with adult help; choose something easy to clean.
Washable feeding bibs / clean-up cloths	Core at solids	3-4	Reuse existing cloths where practical.
Small soft toothbrush and fluoride toothpaste	If teeth present	1 of each	Use a rice-grain-sized smear under age three; adult brushing/help is needed.
Stable, appropriate feeding seat	If needed	1	If using a highchair, follow its readiness limits and use its restraint. Supervise meals.
Furniture anchors, cabinet locks and stair gates	If hazards exist	Per hazard	Secure accessible furniture and hazardous storage; use hardware-mounted gates at stair tops.
Sun hat and suitable sunscreen	If outdoors	1 hat; 1 bottle	Use shade/clothing too. From six months, choose broad-spectrum SPF 30+ protection.

Continue safe sleep and existing milk-feeding supplies as relevant. Buy home-safety products before the child can reach the hazard; six months is a planning prompt, not a fixed deadline. [3] [4] [5] [7] [13]

Optional gifts: sturdy board books and a few large, age-rated stacking or grasping toys. No small detachable pieces.

9-12 months

Support greater movement and self-feeding without replacing working equipment. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Clothing and sleepwear in the current size	Core	10-12 pieces total	Buy only the gap after checking the wardrobe.
Nappies, wipes/cleaning supplies and towels	Core	Refill / reuse	Continue whichever changing system works.
Cup, bowl, spoon and feeding bibs	Core	Keep existing	Replace damaged parts and adapt tools as skills change.
Toothbrush and fluoride toothpaste	If teeth present	Keep / refill	Continue adult-assisted brushing; replace worn brushes.
Safe sleep space	Core	Keep / check limits	Do not make a bed transition only because of a birthday.
Home-safety fittings	If hazards exist	Check every area	Reassess reachable drawers, furniture, windows and stairs as movement increases.
Well-fitting outdoor shoes	If walking outdoors	1 pair	Do not buy walking shoes solely by age. Non-walkers do not need proper shoes.

Keep the car seat rear-facing within its manufacturer limits for car travel. A first birthday does not automatically mean a forward-facing seat. [5] [6] [7] [8] [15]

Optional gifts: large stacking cups, a robust picture book or a simple shape toy rated for the child's age. Wheeled infant walkers are excluded.

1-2 years

Focus on fit, independent eating and practical outings. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Everyday outfits and sleepwear	Core	6-8 outfits; 3 sleep sets	Target stock at any one size; reuse good pieces.
Nappies / cloth nappies and changing supplies	Core while used	Rolling supply	Toilet learning does not follow a shopping deadline.
Cup, child-manageable bowl/plate and utensils	Core	1-2 cups; 1 set	Existing safe, manageable household utensils can count.
Small soft toothbrush and fluoride toothpaste	Core	1 of each	Adult help; rice-grain-sized smear while under three.
Outdoor shoes and suitable socks	If walking outdoors	1 pair; 3-5 pairs	Check fit regularly; buy an additional pair only if routines need it.
Safe sleep setup and home-safety fittings	Core / hazard based	Reuse / reassess	Follow cot, gate and other equipment limits and climbing behavior.
Potty OR toilet reducer with stable foot support	If toilet learning	1 setup	Choose when beginning the routine; do not buy both automatically.
Outing/daycare bag and spare-clothes pouch	If needed	1 of each	An existing washable bag can work. Follow daycare requirements.

A water bottle or lunchbox is needed if outings/daycare require it; it is not an extra compulsory purchase for a child who uses cups and home meals. [5] [7] [8] [10]

Optional gifts: simple puzzles with large pieces, board books, blocks or a soft ball. Choose by interests, not boy/girl labels.

2-3 years

Add toilet-learning items and routines when relevant; keep the rest simple. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Easy-on everyday clothes and sleepwear	Core	6-8 outfits; 3 sleep sets	Simple waistbands help with independent dressing.
Underwear / training pants	If toilet learning	7-10 pairs	Increase only if laundry needs it; nappies may still be needed, especially at night.
Potty OR toilet reducer plus stable step stool	If toilet learning	1 setup	Reuse the existing setup. Child needs stable support and supervision.
Cup, plate/bowl and utensils	Core	Keep existing	Choose pieces the child can manage and that wash thoroughly.
Toothbrush and fluoride toothpaste	Core	1 of each	Adult help; rice-grain-sized amount until age three.
Well-fitting outdoor footwear	Core for outings	1 usable pair	Check size rather than buying on a birthday schedule.
Daycare bag, bottle, lunchbox and spare outfit	If daycare needs them	1 set	Use the provider's list; reuse existing items.
Suitable bed / cot transition	If cot outgrown	1 setup	Transition for product limits or climbing risk, not an automatic age rule.

Keep towels, thermometer and other serviceable household equipment. Rainwear, warm layers and sun protection depend on local weather and outdoor exposure. [5] [10]

Optional gifts: chunky crayons with paper, picture books and large-piece puzzles for supervised use.

3-5 years

Preschool readiness means practical routines and supplies, not a large new shopping basket. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Everyday outfits and sleepwear	Core	6-8 outfits; 3 sleep sets	Allow for climate and changes after play.
Underwear and socks	Core when applicable	7-10; 4-6 pairs	Adjust for toileting needs and footwear habits.
Well-fitting shoes	Core for outings	1 everyday pair	Add school or activity-specific shoes only when required.
Toothbrush, fluoride toothpaste and hand soap	Core	1 of each	Use a pea-sized toothpaste amount at ages 3-6 with adult supervision.
Small backpack, bottle and lunchbox	If preschool requests	1 of each	The child should manage closures; carry only what is needed.
Spare outfit and washable bag	If preschool requests	1 set	Label clothing privately; reuse a suitable pouch.
Basic drawing / learning supplies	If requested	One small set	Follow the preschool list; access to shared supplies can meet the need.
Helmet and activity protection	If cycling/scooting	1 fitted helmet	Match the helmet to the activity and child; check fit and condition.
Rainwear, warm layer or sun protection	If needed	1 usable set	Choose for climate/exposure; do not include all seasonal products by default.

A school uniform, separate study desk, electronic learning device or large toy subscription is not automatically mandatory. [5] [11] [12] [13]

Optional gifts: picture books, reusable art materials, pretend-play items or simple construction sets with appropriate age ratings.

5-7 years

This band covers completed ages five, six and seven, up to the eighth birthday. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Everyday clothes and sleepwear	Core	6-8 outfits; 3 sleep sets	Buy the current-size gap after checking existing clothes.
Underwear and socks	Core	7-10; 4-6 pairs	Choose comfortable fit; designs are a preference.
School uniforms and prescribed footwear	If school requires	2-3 uniform sets	Check the exact school list before buying.
Correctly sized school backpack	If needed for school	1	Use both padded shoulder straps; reuse a bag that still fits.
Water bottle; lunchbox if carrying food	If needed at school	1 of each	Easy-clean and child-manageable. No compulsory extra bottles.
School stationery and books	School list	One school-listed set	Pencils, eraser, sharpener, notebooks and other items only as requested.
Toothbrush, fluoride toothpaste and hand soap	Core	Keep / refill	Continue age-appropriate dental guidance and brushing support.
Everyday / sports footwear	Activity dependent	1 suitable pair per need	One pair may cover more than one use; replace on wear or fit.
Helmet or sport-specific protection	If the activity requires	1 appropriate set	Protective equipment is necessary for the chosen activity; the activity kit itself is optional.

Keep or borrow reading materials and art supplies where useful. Follow local climate needs for sun protection, rainwear and winter layers. [11] [12]

Optional gifts: books chosen with the child, board games, craft kits or sport equipment for an actual interest. Toys are not gender restricted.

8-10 years

This band covers completed ages eight, nine and ten. Fit and personal needs matter more than age labels. Applies to boys and girls.

Mark each product **Have / Need / Not relevant**. Quantities mean total usable stock, not additional units.

Product / product group	Priority	Quantity	Buy, reuse or check
Everyday outfits, sleepwear and underwear	Core	6-8 outfits; 3 sleep sets; 7-10 underwear	Check the current wardrobe; replace outgrown or worn pieces.
School uniforms, socks and footwear	If school requires	School list	Reuse adequate stock; do not replace the full kit each year.
School backpack	If needed	1	Replace only if fit, condition or school requirements change.
Water bottle and lunchbox	If used	1 of each	Keep existing suitable items; clean and maintain seals.
Notebooks, stationery and subject materials	School list	School list	Buy geometry sets, calculators or devices only when specifically required.
Toothbrush, fluoride toothpaste, soap and personal towel	Core	Keep / refill	A child-specific premium brand is not necessary for every item.
Sports shoes, helmet and protective equipment	If the activity requires	1 appropriate set	Select for actual activities, size and manufacturer guidance.
Personal-care additions	If individual need	Small starter supply	Deodorant may be useful for either boys or girls; it is not an age-triggered requirement.
Period-care pouch / supportive underwear	If relevant for the child	1 small kit / suitable fit	For girls who need preparation or supplies: pads and spare underwear in a discreet pouch; development varies.

Continue an appropriate car seat or booster until the vehicle seat belt fits correctly; age eight alone does not establish readiness for an adult belt. [6] [11] [12] [14]

Optional gifts: interest-led books, art, science or construction activities and board games. An independent smartphone is not a mandatory wishlist item.

Products needed only in particular situations

Add these through a short parent questionnaire, not by default to every list.

Situation	Products and practical quantity	Selection logic
Bottle feeding	Start with 2-4 suitable bottles, compatible teats, one brush and a cleaning/sanitizing setup.	Increase by actual feeding and cleaning needs. An electric sterilizer is one option, not a universal requirement. [9]
Expressing breast milk	One suitable pump if required; compatible storage containers.	Match the expressing plan and fit. Pump ownership is not necessary for every breastfeeding parent.
Bathing / skin care	A small gentle cleanser if used; barrier cream if needed.	Use suitable existing towels. A separate baby bath, lotion, massage oil or powder is not a universal requirement.
Formula feeding	Age-appropriate formula and required preparation/feeding equipment.	Select for the child with appropriate guidance; do not auto-select a brand or bulk subscription in a registry.
Travelling by car	One correctly installed, appropriate child restraint per child.	Infants/toddlers: rear-facing within seat limits. Older children: harness/booster according to size and fit. [6]
Stairs / reachable hazards	Gates, furniture anchors and locks in the quantities the home needs.	Follow installation and use limits. Stair-top gates should be hardware mounted; locks do not replace supervision. [7]
School / daycare	Only the provider's required bag, bottle, lunchbox, uniform and supplies.	Use current requirements. A child who does not attend does not need the entire school kit.
Outdoor activity / weather	Sun hat, appropriate sunscreen from six months, rainwear or warm layer; activity helmet where needed.	Choose for exposure, location and activity. Keep infants shaded and appropriately clothed. [12] [13]
Toilet learning / individual care	Potty or reducer and foot support; later any personal-care items actually needed.	Use readiness and the child's routine; boys and girls do not require separate branded potty systems. [10]

A stroller, carrier, bath tub, changing table, diaper bag, wipe warmer, bottle warmer, food processor, baby monitor, smart cot and elaborate toy kits may be convenient. None belongs in every family's mandatory basket. A suitable existing household product can often meet the underlying need.

Boys, girls and Kidsdunia wishlist rules

A trustworthy wishlist should explain why an item appears and prevent duplicate buying.

Area	Boys	Girls
Sleep, feeding, hygiene and travel	Same safety and functional needs.	Same safety and functional needs.
Clothing and underwear	Choose fit, comfort and preferred styles.	Choose fit, comfort and preferred styles.
Books, toys and school supplies	Match interests, age/readiness and school requirements.	Match interests, age/readiness and school requirements.
Personal-care additions	Add only where relevant; long-hair care and deodorant can apply to any child.	Add period-care preparation and supportive clothing when relevant; not mandatory for every 8-10-year-old.

Recommended website behavior

Ask for age, size, location/season, feeding method, car use, home hazards, daycare/school and items already owned. Gender/style is optional for the core list. Never require sex to unlock essential safety products.

Show **Essentials**, **Needed for your situation** and **Optional gifts** separately. Let parents mark Have, Need, Gifted or Not relevant. For an item already owned, suggest replacing only if fit, condition or safety instructions require it.

Each product record should include category, age range, size/readiness condition, priority, trigger, suggested quantity, keep/replace/refill rule and safety note. Show stock and suitability before enabling “add all”. Product suitability still needs SKU-level checks.

Keep unsafe or misleading items off the essential list

Do not include infant pillows, crib bumpers, loose bedding, sleep positioners, weighted infant sleep products or loungers as safe-sleep substitutes. Use a firm, flat infant sleep surface and keep it clear. Do not recommend wheeled infant walkers. These exclusions apply to boys and girls. [2] [15] [16]

Do not automatically add medicines, supplements, formula brands, electronic devices or products with medical-development claims. Keep adult-supervised play, reading and interaction available without implying that a particular toy is necessary for healthy development.

The product quantities and school/wardrobe suggestions are original planning recommendations. Referenced health sources support the specific safety and readiness rules; they do not endorse Kidsdunia or these complete shopping bundles.

Sources and interpretation

Primary public guidance checked on 27 October 2026.

[1] NHS: newborn shopping essentials
https://www.nhs.uk/best-start-in-life/pregnancy/preparing-for-labour-and-birth/what-to-buy-for-your-newborn-baby/

[2] CDC: safe infant sleep
https://www.cdc.gov/sudden-infant-death/sleep-safely/index.html

[3] NHS: readiness for first solid foods
https://www.nhs.uk/baby/weaning-and-feeding/babys-first-solid-foods/

[4] CDC: cups and utensils
https://www.cdc.gov/infant-toddler-nutrition/mealtime/fingers-spoons-forks-and-cups.html

[5] ADA: oral care for babies and children
https://www.mouthhealthy.org/life-stages/babies-and-kids/healthy-habits-babies-and-kids

[6] AAP: car seats for families
https://www.healthychildren.org/English/safety-prevention/on-the-go/Pages/Car-Safety-Seats-Information-for-families.aspx

[7] CPSC: childproofing hazards and devices
https://www.cpsc.gov/safety-education/safety-guides/kids-and-babies/Childproofing-Your-Home?language=en

[8] NHS: first shoes and foot care
https://www.nhs.uk/baby/health/leg-and-foot-problems-in-children/

International health and safety sources inform product selection and use. They do not establish Indian legal certification for a particular product. Verify the applicable Indian standards, labelling and manufacturer instructions at procurement.

Sources continued

Use the exact readiness and fit rule, not an age label alone.

[9] CDC: cleaning infant feeding equipment
https://www.cdc.gov/hygiene/about/clean-sanitize-store-infant-feeding-items.html

[10] NHS: potty training
https://www.nhs.uk/best-start-in-life/toddler/potty-training-your-child/

[11] AAP: school backpack fit
https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Backpack-Safety.aspx

[12] CDC: helmet safety
https://www.cdc.gov/heads-up/safety/index.html/

[13] AAD: sunscreen guidance
https://www.aad.org/media/stats-sunscreen

[14] AAP: puberty and period preparation
https://www.healthychildren.org/English/ages-stages/gradeschool/puberty/Pages/Physical-Development-Girls-What-to-Expect.aspx

[15] AAP: wheeled infant walkers
https://www.healthychildren.org/English/safety-prevention/at-home/Pages/Baby-Walkers-A-Dangerous-Choice.aspx

[16] AAP: infant sleep products and bedding
https://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/a-parents-guide-to-safe-sleep.aspx

No brand ranking, price estimate or product stock claim is made. Prices and linked shopping SKUs can be added after Kidsdunia's authorized catalogue is selected. The checklist remains usable with suitable products already owned.